



APTA
OregonSM

A Chapter of the American
Physical Therapy Association

2023 Annual Conference

Saturday, March 11

Providence St. Vincent
Stanley Family Conference Center

REGISTER TODAY!

[View Schedule, Sessions, & Speakers >](#)

Agenda

8:00am - 8:15am

OPENING COMMENTS

8:15am - 9:40am

KEYNOTE

Burnout: What To Do When You're Overwhelmed and Exhausted About Everything You Have to Do and Still Worry That You're Not Doing Enough

Amelia Nagoski, Author of *Burnout*

9:40am - 10:00am

COFFEE BREAK / EXHIBITS

10:00am - 11:00am

ACL Reconstruction Movement Compensations: Running, Cutting and Power Development

Shawn Andrew Cole, PT, DPT, SCS

Morgan Coffman, PT, DPT

10:00am - 11:00am

Osteoporosis - Evidenced Based Prevention and Management

Nicole Wilson, PT, DPT, NCS

10:00am - 11:00am

Mental Health & Management in the Physical Therapy Community

Kirsten Londeree, SPT

Hailey Heath, SPT

Mike Furuya, SPTA

11:00am - 12:30pm

EXHIBITS / POSTERS

11:30am - 12:30pm

LUNCH / BUSINESS MEETING

12:40pm - 1:40pm

Primary Care Physical Therapy: Right People, Right Place, Right Time

Daniel Chang Yun Kang, PT, DPT

12:40pm - 1:40pm

Updates in Vestibular Rehabilitation Practice

Tabitha Danielle Galindo, PT, DPT, NCS

Nicole Biltz, PT, DPT, NCS

12:40pm - 1:40pm

Motivating Patients Using Wellness Coaching Principles

Beth Elaine Jennings, PT, MPT

Sukhee So Chinn, PT, DPT

1:40pm - 2:00pm

COFFEE BREAK / EXHIBITS

Agenda

1:40pm - 2:00pm

COFFEE BREAK / EXHIBITS

2:00pm- 3:00pm

Exercise Intolerance in Concussion: Evaluation and Treatment

Jennifer Louise Wilhelm, PT, DPT
Prokopios Antonellis, PhD
Margaret Stojak, MS, ATC

2:00pm- 3:00pm

Smiling Ear to Ear: The Physical Therapist's Role in Facial Rehabilitation

Carly Rose Lochala, PT,DPT
Mackenzie Root PT, DPT, NCS

2:00pm- 3:00pm

Get your Z's: Incorporating Sleep Health into Physical Therapy Practice

Lyndsay Rene Stutzenberger, PT, DPT, PhD, CEEAA

3:00pm - 3:30pm

COFFEE BREAK / EXHIBITS

3:30pm- 4:30pm

The Not-So-New, Missing Links in ACL-R and Return to Sport Considerations

Evan K. Liu, PT, DPT
Logan Walters, PT, DPT, SCS

3:30pm- 4:30pm

From the Journal to the Treadmill: The Parkinson CPG and its Clinical Applications

Amy M. Schepers, PT,DPT
Erin McMullen, PT, DPT

3:30pm- 4:30pm

Building a Win/Win/Win in Clinical Education: The Collaborative ClinEd Model

Lisa Flexner, PT, DPT, FAAOMPT
Cyndi Robinson, PT, PhD
Rick Daigle, PT, DPT

REGISTER TODAY!

Keynote

8:15am - 9:40am

SPECIAL LIVESTREAM APPEARANCE FROM AMELIA NAGOSKI, D.M.A.

BURNOUT: WHAT TO DO WHEN YOU'RE OVERWHELMED AND EXHAUSTED ABOUT EVERYTHING YOU HAVE TO DO AND STILL WORRY THAT YOU'RE NOT DOING ENOUGH

BURNOUT is for anyone who has felt overwhelmed and exhausted by everything they have to do, yet still worried they weren't doing "enough."

Wellness is not a state of mind, but a state of action. It is the freedom to move through the innate cycles and oscillations of being human - from effort to rest and back, from connection to autonomy and back, from adventure to homecoming and back. But we have been lied to our whole lives about what wellness "should" look like, and rejecting that lie, all those myths about "having it all" and "finally achieving lasting peace" is how we create space in our lives for that free action through the cycle of being human.



Amelia Nagoski, D.M.A. | Amelia Nagoski, D.M.A. (Doctorate of Musical Arts) is the co-author, with her sister Emily, of the New York Times bestselling *Burnout: The Secret to Unlocking the Stress Cycle* and the *Burnout* workbook. Her job is to run around waving her arms and making funny noises and generally doing whatever it takes to help singers get in touch with their internal experience. She lives in New England with her husband, one cat, and two rescue dogs.

Session

10:00am - 11:00am

ACL RECONSTRUCTION MOVEMENT COMPENSATIONS: RUNNING, CUTTING AND POWER DEVELOPMENT

Anterior cruciate ligament reconstruction is a long recovery process with a high rate of subsequent knee injury and reductions in performance after returning to sport. Current clinical standards use objective measures of strength, functional testing and graded exposure to make the best clinical judgments regarding safe return to sport, but these efforts do not seem to be improving the success of returning to pre-injury performance or reducing future knee injury. More recent evidence suggests that dysfunctions in landing and running/cutting mechanics coupled with a reduced muscular rate of force development are contributing to these less optimal outcomes. This session will explore the evidence as it relates to landing and running/cutting compensations post-operative ACLR, identify common mechanical faults and discuss how power and the rate of torque development may be a better measure of lower extremity function when making decisions about returning to running/sport while lowering the risk for future knee injury. We will discuss exercise prescription including specific reps, sets and load dosages based on the specific physiologic goal for each of the various phases of ACL rehabilitation. You will learn the different variables that clinicians can manipulate to increase and decrease stress on the ACL and we will discuss specific, simple, practical and safe interventions to improve lower extremity power and rate of torque development that can be used across all stages of ACL rehabilitation allowing attendees to treat their next ACLR patient with great confidence.



Shawn Cole, PT, DPT, SCS | Shawn Cole graduated Magna Cum Laude from the University of Arizona with a degree in physiology before completing his Doctorate of Physical Therapy degree at Northern Arizona University with distinction in 2010. He holds a board certification in sports physical therapy and is residency trained through UF Health Shands and the University of Florida with a focus on Division I collegiate athletics. He is a full-time treating clinician at Samaritan Athletic Medicine on the campus of Oregon State University, working closely with OSU cross-country, track and field and men's and women's rowing.



Morgan Coffman, PT, DPT | Morgan Coffman was a Division I pentathlete and heptathlete for Kansas State University, where she graduated Summa Cum Laude with dual Bachelor of Science degrees in Business Administration and Life Science. She then obtained her Doctorate of Physical Therapy degree with honors from Northern Arizona University in 2021. Since graduation, she has started her career in Kansas City at Empower Physical Therapy & Performance and has a passion for working with athletes. Outside of work, Morgan enjoys coaching kids 6-18 years in an AAU track club, spending time with friends and family and doing anything outdoors.

Session

10:00am - 11:00am

OSTEOPOROSIS - EVIDENCED BASED PREVENTION AND MANAGEMENT

It is estimated that 10.2 million Americans are living with Osteoporosis and 43.4 more million Americans have low bone mineral density. This is equivalent to 54% of the population over the age of 50! Around the world, an osteoporotic fracture occurs every 3 seconds and it is estimated that \$20 billion per year is spent related to osteoporotic fractures. After a hip fracture, 80% of people are unable to perform basic tasks, 64% require a stay at a skilled nursing facility, 40% never regain prior level of function and 20% will remain in the skilled nursing facility for the rest of their lives. These numbers are only expected to rise as our population continues to age. It has been shown that appropriately dosed high intensity impact and resistance exercise is a safe and effective treatment for improving bone mineral density in middle-aged and older adults with osteopenia and osteoporosis. This session will use review of the most recent evidence applied to case studies to help design safe and effective exercise programs for patients of all functional levels, whether they have a primary diagnosis of osteoporosis or as a component to their current rehab program for prevention.



Nicole Wilson, PT, DPT, NCS | Nicole Wilson graduated from the University of Wisconsin-Madison's Doctor of Physical Therapy program in 2016. She is recognized by the American Board of Physical Therapy Specialties as a Board-Certified Specialist in Neurological Physical Therapy. She received her Modern Management of the Older Adult Certification through the Institute of Clinical Excellence in 2022 and is a certified CrossFit Level 1 Trainer. She is employed at Kaiser Permanente where her responsibilities include outpatient care for older adults and those with neurological conditions. She is passionate about integrating functional resistance training and activities into her physical therapy practice to best serve her patients.

Session

10:00am - 11:00am

MENTAL HEALTH & MANAGEMENT IN THE PHYSICAL THERAPY COMMUNITY

This session will discuss how prevalent mental health conditions are within the physical therapy community. Throughout our discussion, we will focus on how mental health is viewed and what strategies can be used to assist individuals with burnout, stress and finding resources. We will learn about the impact mental health has on people's ability to participate as a student, professor or clinician. There will be opportunities for you to interact with the presenters and each other for an open discussion about mental health. Note: Sensitive topics will be included within this discussion



Kirsten Londeree, SPT | Kirsten Londeree is in her second year of the Doctor of Physical Therapy program at Pacific University. Kirsten is the treasurer for her class and a CLASS peer tutor. She serves as secretary of the APTA-OR Student Leadership Committee and is a member of the Continuing Education Committee.



Hailey Heath, SPT | Hailey Heath is a second year Doctorate of Physical Therapy student at OSU-Cascades. She is a peer tutor and a member of the Diversity, Equity and Inclusion Club. Hailey serves as the Chief Liaison for the Student Leadership Committee for APTA-OR.



Mike Furuya, SPTA | Mike Furuya is a second year student from Mt. Hood Community College Physical Therapist Assistant program. Mike is class president of his cohort and is the social media director of the APTA-OR Student Leadership Committee.

Session

12:40pm - 1:40pm

PRIMARY CARE PHYSICAL THERAPY: RIGHT PEOPLE, RIGHT PLACE, RIGHT TIME

In the recent publication of the APTA Consumer Awareness Research Report, we see a contrast between the perceptions of consumers and members. The reports recognize multiple themes, challenges and opportunities to improve physical therapy awareness and services. We will discuss a primary care model from two of the research projects embedding physical therapy in primary care as a pathway for consumers to receive services.



Daniel Chang Yun Kang, PT, DPT | Dan Kang is the Dean of Interprofessional Education and Associate Professor of Physical Therapy at George Fox University. His current research focuses on primary care physical therapy and the integration of person-centered patient-reported outcomes in clinical care. In addition, Dr. Kang serves on the Oregon Pain Management Commission and is the Communication Director for Primary Care Special Interest Group for APTA. He practices at the George Fox University's Community Clinic and is a consultant for regional health systems integrating primary care physical therapy.

Session

12:40pm - 1:40pm

UPDATES IN VESTIBULAR REHABILITATION PRACTICE

This session will review foundational vestibular knowledge and summarize current, evidence-based updates to vestibular practice. Course material is focused on practical application of diagnostic and prescriptive principles of vestibular rehabilitation for common conditions. Attendees will engage in both lecture and demonstration and apply knowledge through large group discussions and case-based scenarios.



Tabitha Galindo, PT, DPT, NCS | Tabitha Galindo is a board-certified clinical specialist in neurologic physical therapy and an Assistant Professor in the School of Physical Therapy and Athletic Training at Pacific University. She serves APTA Oregon as a Delegate and Co-Chair of the Early Career Bridge Program. Her current teaching and research focus on translational neuroscience as she works to equip future physical therapists with meaningful knowledge to improve the health of their communities. Prior to her academic appointment, Tabitha worked in outpatient neurologic rehabilitation at Adventist Health Portland, serving on the organization's DEI Committee and the Practice Council for Vestibular Rehabilitation.



Nicole Biltz, PT, DPT, NCS | Nicole Biltz is physical therapist board-certified in neurologic physical therapy and Instructor in the Department of Physical Therapy at Western University of Health Sciences. She earned her DPT at Washington University in St. Louis and completed a residency in neurologic physical therapy at Johns Hopkins and University of Delaware. She primarily teaches neurorehabilitation and professional development courses at Western and is currently participating in research projects related to gait analysis in individuals post-stroke, factors impacting a sense of belonging in DPT students and professional behaviors of DPT students in the clinic. Nicole serves as Chair of the Historical Archives Committee of the Academy of Neurologic Physical Therapy and is a delegate for APTA Oregon.

Session

12:40pm - 1:40pm

MOTIVATING PATIENTS USING WELLNESS COACHING PRINCIPLES

Health and wellness coaching has gained traction as an adjunct tool to physical therapy treatment. The benefits of using coaching strategies include improvements in outcome measures, patient motivation and patient quality of life. You'll learn health and wellness coaching tools and methods and how physical therapists can incorporate these skills in patient care.



Beth Elaine Jennings, PT, MPT | As a physical therapist for more than 25 years, Beth has traveled as far as Antarctica to poke on the painful spots of her patients. Certified as a health coach through Wellcoaches, she helps her clients move beyond short-term goal setting and get traction on their long-term visions. Beth regularly educates and trains clinicians on the use of virtual reality for use with patients through Virtualis VR, a virtual reality software company. When not daydreaming about her next travel destination, she is organizing another corner of her home or pretending she can swim the butterfly like she's still 17.



Sukhee So Chinn, PT, DPT | Sukhee So Chinn is an outpatient physical therapist at Kaiser Permanent, primarily working with school-aged and adult neurological and vestibular conditions. She is a Certified Exercise Expert for Aging Adults (CEEAA) through the Academy of Geriatric Physical Therapy of the APTA and recently obtained her Health and Wellness Coaching Certification through Rocky Mountain University. Outside of the clinic, she enjoys traveling with her family and finding the best ice creams and watermelons.

Session

2:00pm - 3:00pm

EXERCISE INTOLERANCE IN CONCUSSION: EVALUATION AND TREATMENT

Concussion rehabilitation is a growing specialty in rehabilitation. These patients often present with a wide array of symptoms including exercise intolerance, which is thought to result from concussion-induced damage to the autonomic nervous system control centers. This deficit can lead to delayed return to activity and impair the quality of life of previously active individuals. The goal of this session is to review the theories of neurological origin of exercise intolerance. We will review the state of current research recommendations as well as present findings from an ongoing clinical trial examining the effects of rehabilitation post-concussion.



Jennifer Louise Wilhelm, PT, DPT | Jennifer Wilhelm is a research physical therapist in the Department of Neurology at Oregon Health & Science University with the Balance Disorder Laboratory. She is involved in several clinical trials including rehabilitation for both mild traumatic brain injury and Parkinson's Disease. She is a board-certified clinical specialist in neurologic physical therapy. Jennifer also continues to work in the outpatient rehabilitation department and is interested in clinical translation of rehabilitation research for a variety of neurological diagnoses.



Prokopios Antonellis, PhD | Prokopios Antonellis is a postdoctoral research fellow in the Department of Neurology at Oregon Health & Science University with the Balance Disorder Laboratory. He is currently investigating gait and balance impairments associated with mild traumatic brain injury on a large clinical trial funded by the Department of Defense. Prokopios received his PhD in biomechanics from the University of Nebraska at Omaha in 2020 and is interested in developing wearable technology and assistive devices to improve gait and balance.



Margaret Stojak, MS, ATC | Margaret Stojak is a research study coordinator in the Department of Neurology at Oregon Health & Science University with the Balance Disorder Laboratory. She is involved in large clinical trials on mild traumatic brain injury rehabilitation in civilians and the military population. She is a board-certified athletic trainer and is interested in advancing the translation of clinical rehabilitation trials on mild traumatic brain injuries and sport medicine to clinical practice.

Session

2:00pm - 3:00pm

SMILING EAR TO EAR: THE PHYSICAL THERAPIST'S ROLE IN FACIAL REHABILITATION

Facial paralysis is often synonymous with Bell's palsy, but there are other diagnoses in which the physical therapist should screen for and treat facial weakness, including vestibular schwannoma, Ramsay-Hunt syndrome, parotid gland tumor resection, stroke and many more. Approaches to facial rehabilitation vary depending on the phase of recovery and severity of facial paralysis. Current evidence indicates that facial rehabilitation can help improve functional and psychosocial outcomes, but there is much variation in current treatment approaches, including which discipline is responsible for treating this patient population. Physical therapy may be indicated concurrently with medical interventions such as botulinum toxin injection to manage synkinesis or various types of facial reanimation surgery for persistent paralysis, making this patient population a diverse and exciting group to treat. Physical therapists should understand how to screen patients for facial weakness and provide individualized intervention plans to restore facial function. In this presentation, we will discuss current evidence-based approaches to evaluation and treatment and include case studies to enable every attendee the opportunity for success in the field of facial rehabilitation. We will review the state of current research recommendations as well as present findings from an ongoing clinical trial examining the effects of rehabilitation post-concussion.



Carly Rose Lochala, PT, DPT | Carly Lochala is a board-certified neurologic clinical specialist currently practicing physical therapy in Portland. She graduated from New York University with her DPT in 2013 and completed a neurologic residency at the University of Southern California/Rancho Los Amigos National Rehabilitation Center. In addition to her clinical interest in neurologic rehabilitation, she is passionate about education and is an assistant professor of physical therapy at the University of Southern California. She has presented to APTA Oregon and APTA Combined Sections Meeting about Functional Movement Disorders. Carly received the APTA Oregon Regional Excellence Award in clinical care in 2020. In her spare time she is an avid distance runner and loves spending time with her husband, children and dog in the Pacific Northwest



Mackenzie Root, PT, DPT, NCS | Mackenzie Root received her DPT from Hunter College in 2010 and works at Oregon Health and Science University hospital in the neurological outpatient setting. She has the APTA neurologic clinical specialty certification and has completed the Vestibular Rehabilitation Competency Based Course at Emory University. Her interests include treating vestibular disorders, concussion and traumatic brain injury and facial rehabilitation.

Session

2:00pm - 3:00pm

GET YOUR Z'S: INCORPORATING SLEEP HEALTH INTO PHYSICAL THERAPY PRACTICE

Sleep is a critical component of health and insufficient sleep is associated with numerous negative health outcomes. Physical therapists can play a key role in screening for and identifying sleep impairments, providing education for better sleep health and referring when needed to maximize patient health and physical therapy outcomes. The purpose of this session is to provide physical therapists with foundational knowledge about sleep and the critical role it plays in overall health. Information will be provided on common sleep conditions, screening questionnaires to identify the potential presence of sleep impairments as well as sleep health promotion and sleep hygiene recommendations that can be provided to patients to maximize health and treatment outcomes.



Lyndsay Stutzenberger, PT, DPT, PhD, CEEAA | Lyndsay Stutzenberger is an Assistant Professor of Physical Therapy at George Fox University where she teaches Geriatrics and Biomechanics. She received her DPT from Bellarmine University in Louisville, Kentucky in 2005 and later earned her PhD in Kinesiology from Oregon State University in 2019. Lyndsay's primary areas of research are related to perturbation-based training for falls prevention and floor transfers in the older adult population.

Session

3:30pm - 4:30pm

THE NOT-SO-NEW, MISSING LINKS IN ACL-R AND RETURN TO SPORT CONSIDERATIONS

Discussion amongst providers regarding ACL-R rehabilitation is a continual evolution, where there are constant shifts in emphasis and focus during the rehabilitation process. Despite continuous efforts to reduce the overall incidence, ACL injury and re-tear rates are still occurring at high rates. During this presentation, we will go over considerations regarding impairments pertaining to quadriceps function, use of video analysis regarding compensatory patterns developed over time and considerations for the use of alternative methods to assess readiness for full return-to-sport. Clinically useful and effective assessments and interventions are crucial in the rehabilitation process. Integrating multi-system approaches including the psychological, psychosocial and environmental factors, beyond just addressing the musculoskeletal issues, are imperative in successful ACL-R rehabilitation.



Evan Liu, PT, DPT | Evan Liu is an Assistant Professor at Pacific University School of Physical Therapy & Athletic Training and a physical therapist at Rokke Performance Therapy. He completed his orthopedic residency at the University of Illinois Chicago and OMPT fellowship at Regis University. His clinical interests revolve around clinical reasoning and clinical decision making, manual therapy transitions into the performance and pediatric realm and return to sport considerations. Clinically, he works with everyone with general orthopedic conditions, as well as high school, collegiate and professional athletes. Additionally, he serves as a mentor for OHSU, Providence, Regis University and sports and orthopedic residents. Go Blazers!



Logan Walters, PT, DPT, SCS | Logan Walters is a physical therapist at Rokke Performance Therapy. He completed his sports residency at Mansfield University, is board certified in sports physical therapy and is a titleist performance institute provider. Logan specializes in advanced ACL rehab, has been on podcasts related to ACL-rehab and is a provider with Team-ACL. His clinical interests include bridging the gap between PT and performance training, advanced ACL-rehab and utilizing factors beyond the musculoskeletal system in his rehabilitation approach. He works with everyone from general orthopedic conditions to high school, collegiate and professional athletes. He is an avid fan of all Philadelphia sports.

Session

3:30pm - 4:30pm

FROM THE JOURNAL TO THE TREADMILL: THE PARKINSON CPG AND ITS CLINICAL APPLICATIONS

Clinical practice guidelines (CPGs) synthesize available evidence to develop current best-practice standards for interventions and clinical decisions. The Parkinson's Disease (PD) CPG, published in August 2022 by the ANPT, provides 11 graded action statements and comprehensive recommendations toward physical therapy care for the PD population. By utilizing the CPG, physical therapists of all experiences have an excellent framework of how to best improve physical function, reduce impact of motor and non-motor symptoms and promote quality of life. The purpose of this workshop is to highlight the recommendations from the PD CPG, identify the benefits and caveats for each action statement and discuss strategies to guide clinical decisions. Attendees will explore various high- and low-tech interventions within case studies to translate the PD CPG's recommendations into daily practice.



Amy Schepers, PT, DPT | Amy Schepers is a board-certified neurologic clinical specialist who has been practicing at Northwest Rehabilitation Associates in Salem since 2020. She completed the neurologic residency at the University of Utah and has additional experience in the neuro acute care setting. Her practice focuses on individuals with Parkinson's disease, multiple sclerosis and vestibular disorders. She enjoys blending evidence-based principles with creative and salient activities to help her patients achieve their goals.



Erin McMullen, PT, DPT | Erin McMullen is a physical therapist at Northwest Rehabilitation Associates in Salem. She has been practicing in the neurologic and geriatric setting for all of her 15-year career and is a board-certified clinical specialist in neurologic physical therapy. With her current practice, she focuses on treating patients with Parkinson's disease in a dynamic outpatient setting, with goals to incorporate best evidence and to identify how technology can continue to expand our treatment horizon.

Session

3:30pm - 4:30pm

BUILDING A WIN/WIN/WIN IN CLINICAL EDUCATION: THE COLLABORATIVE CLINED MODEL

In recent years, we've seen significant changes to the clinical education environment: programs are increasing, productivity demands are ever higher and the pandemic throttled the number of sites and students able to participate. How can physical therapy programs, clinical partners and students respond to these changing demands and work together to build sustainable clinical education programs for the future? Collaborative clinical education involves partnering multiple students with a single clinical instructor. It sounds daunting, but in practice it can relieve the demands on a clinical instructor, enrich the learning experience for the students and maximize clinical instruction sites for the academic program. In fact, the number one reason clinicians say they don't want to do it is simply that they haven't done it before. Clinicians who have led collaborative experiences often say they'd prefer not to go back to the traditional one-to-one model. We'll cover the pros and cons, different models of collaborative clinical education, the benefits to the different stakeholder groups, the literature available and our own and other programs' experiences. You'll leave with a better understanding of the need for and benefits of the collaborative model and an implementation action plan specific to your needs.



Lisa M. Flexner, PT, DPT, FAAOMPT | Lisa Flexner is a clinical assistant professor and Director of Clinical Education for the DPT program at Oregon State University - Cascades in Bend. She is responsible for clinical education and also teaches professionalism and leadership and assists with orthopedics and anatomy courses. Lisa received her B.A. in psychology and M.A. in sociology from Stanford University and her DPT from University of Washington. She completed residency and fellowship training in Orthopaedic and Manual Therapy and is a Fellow in the American Academy of Orthopaedic Manual Physical Therapy.



Cyndi Robinson, PT, PhD | Cyndi Robinson is the Director of Clinical Education at Eastern Washington University. She received a BS in physical therapy from Ithaca College, an MS in Adult Neurologic Rehabilitation from Long Island University and a PhD in Rehabilitation Sciences from the University of Washington. She is a credentialed trainer for the APTA Credentialed Clinical Instructor Program. She came to Eastern Washington University in 2021 from the School of Medicine, University of Washington where she served as the Director of Clinical Education and taught courses in her clinical expertise of functional mobility training, acute care and wound care.



Rick Daigle, PT, DPT | Rick Daigle is a Physical Therapist with 16+ years of experience in clinical leadership, academics, continuing education and product development. He currently is in dissertation for his EdD and is studying "Pain Perceptions of PT Clinical Instructors in the PNW." Recently, Rick began a new role as Regional Director of Operations for Physical Rehabilitation Network in Oregon and oversees the brand, InReach Physical Therapy. With his academic experience in both PT and PTA education, he is passionate about bridging the gap between clinical practice and academia to improve student success.