Here I am, late again and probably holding up the whole LOG in the process. I don’t know about you, but it seems like things keep getting busier and busier. What happened to all of the “time saving” technology we were supposed to have in the 21st century? Seems like its just more to do! Enough whining and on to business - as usual a lot has been going on. We had PT2001 in Anaheim in June and a very interesting House of Delegates. Many controversial issues came down to a stand up vote and were always very close (i.e., 200 yea to 204 nay). Unfortunately, it seemed that we always came out on the losing side. It is very interesting how divided the country is on certain issues such as use of Aides, use of PTA’s, corporate ownership of PT, etc. We are definitely in the more “liberal” group along with most of the Western States. Cathy Zarosinski (our Chief Delegate) will give you a more in-depth report but some of the decisions were as follows:

* APTA directed to study alternative models of clinical education with final report to 2004 HoD
* APTA and RBNA directed to examine the future preferred role of the PTA with final report to 2003 HoD
* APTA directed to develop and implement a nationwide PR effort emphasizing “PT as the Practitioner of Choice” with multimedia PR packages developed for components and members to help them market their profession
* Adopted a policy mandating that PT and PTA programs provide education regarding ethical standards consistent with APTA policies and that the student communicate to their academic program any clinical ed experiences that appear to be in conflict with these standards
* Adopted positions supporting PT ownership of PT services that is independent of influence by non-PT owners; Use of terms “physical therapy”, “physiotherapy”, “PT” and “PTA” limited to licensed physical therapists and licensed physical therapist assistants; inclusion of APTA ethical standards in state practice acts; elimination of the word “paraprofessional” when referring to PTA; inclusion of statement on continuing ed brochures that the material is not intended for use by attendees outside of the scope of their license; support of integration of evidence based complementary and alternative therapeutic interventions into PT practice

Now, back to Oregon:

We didn’t get a lot accomplished in the 2001 Oregon Legislative Session, but it was not for lack of trying. They just ran out of time and our bill to eliminate the 30 day limit on direct access made it out of the House but got “stuck” in a Senate committee.

We are working with the Licensing Board to clarify the interpretation of the direct access laws with respect to delegation to PTA’s. More on this next time.

The APTA Diversity 2001 conference is being held in Portland, October 6, 2001. Please keep an eye out for the announcements of the event and BUY TICKETS. Proceeds go to Minority Student Scholarships. It is a great cause and a great thing to be having a national PT event here in Oregon. Sure would like to see a good showing of PT’s and PTA’s from our great state!

Enough for now - call me, write me, email me with questions, comments, ideas, gripes, whatever - I always like to hear from members.
TERM LIMITS HEADED FOR VOTE AT FALL BUSINESS MEETING

By Jon Seitz, PT - Ethics Committee Chair

An effort to change the term limit clause in the OPTA Bylaws surfaced at last year’s Fall Business Meeting because a number of the Board members no longer qualified for office based on the present bylaws definition. However, the change proposed at the Fall Conference was rejected by the membership with instructions to hammer out a different term limit arrangement. After discussion at that Business Meeting and a straw vote taken at the 2001 Spring Business Meeting, the OPTA Board is ready to present a new term limit clause to the OPTA bylaws. This proposed change will maintain a term limit concept while allowing present Board members to continue to serve their terms in office.

The membership will be voting on a clause at the 2001 Fall Business Meeting on October 13, which will change the term length that any member may serve on the OPTA Board as stated in Article 7, Section 4, Letter D, 1:

FROM: “No Board member shall serve more than four consecutive terms, including all offices served.”

TO: “No Board member shall serve more than two consecutive terms in the same elected (Board) office.”

Talk with your colleagues, consider the change and be ready to cast your vote at the Fall business meeting.

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For more pager information and quick set-up, call Arch Paging at 1.888.739.7852.
OPTA Fall Conference 2001

By Kathy Marquardt, PT - Continuing Education Committee

The OPTA Continuing Education Committee has planned a one-day Fall Conference on October 13, 2001 at the Multnomah Athletic Club in Portland, OR. This full day will include three course presentations, a luncheon with speaker, the Fall Business Meeting and a post meeting social.

**Psychopharmacology for the Physical Therapist: Understanding the Role of Drugs in Patient Treatment**, presented by Robert M. Julien, MD, PhD, is designed to introduce physical therapists to the uses of psychotropic drugs in patient treatment. Dr. Julien will discuss the how and the why of drug actions and interactions, appropriate drug choice, why these drugs are effective and what the physical therapist should know about these drugs' interaction with the body and with the brain.

Dr. Julien is a practicing anesthesiologist at St. Vincent's Hospital in Portland, Oregon. He was formerly an associate professor of anesthesiology and of pharmacology at Oregon Health Sciences University. He is the author of three texts including the ninth edition of "A Primer of Drug Action".

Richard DonTigny, PT will present **The Sacroiliac Joint and the S3 Subluxation: A Method and Rationale for the Rapid and Effective Relief of Low Back Pain**. This course will provide an in-depth look at the sacroiliac joint and the role that it plays in low back pain. Through lecture and demonstration, a sound anatomical and biomechanical rationale will evolve for the appropriate evaluation, testing and treatment of low back pain with special emphasis on the sacroiliac joint. Course participants will gain an understanding of the SI joint and the concept of "self-bracing" along with the evaluation, correction and management of the S3 subluxation.

Richard DonTigny, PT is a native Montanan who has dedicated over 40 years to researching, practicing, presenting and publishing on the sacroiliac joint. He has written chapters in three texts. He will be presenting at the 2001 World Congress on Low Back Pain in Montreal as an honored guest.

**Vestibular Rehabilitation for the Non-Vestibular Physical Therapist**, presented by James T. Cavanaugh, IV, MS, PT, NCS is a workshop designed specifically for the physical therapist, physical therapist assistant, and physical therapy student who have little or no practical experience working with individuals with vestibular impairments. The course material will be organized specifically for clinicians from "non-vestibular" practice settings who may encounter patients presenting with vestibular impairments yet do not recognize them or who are unprepared to deal with them effectively.

James T. Cavanaugh, IV, MS, PT, NCS has spent his physical therapy career working with persons with neurological impairments and currently specializes in working with individuals with vestibular disorders where he is employed at Duke University Medical Center. In 2000 he received an award for excellence from the Neurology Section of the American Physical Therapy Association for his manuscript, "Examining the Patient with Dizziness of Unknown Etiology". He currently serves as the Secretary for the Vestibular Rehabilitation Special Interest Group of the APTA Neurology Section and as the Chair of the Neurology Section Telecommunications Committee.

Jon Seitz, PT, who is a past president of the OPTA and who is presently chairing the Ethics Committee will be the Fall Conference luncheon speaker. His topic, **Professional Misconduct and How to Avoid It**! will be a journey into the working world of professional misconduct with actual examples of how interaction with patients can be misconstrued as unprofessional.

Plan to attend the entire day ending with the social where therapists will have a chance to visit with their peers and with the vendors who support our profession.

Watch for a brochure with additional information in late August!
Key Issues Summary of the RBNA, June 2001
by Vanessa S. Gaerlan, PTA - RBNA Delegate and Committee Chair

As previously mentioned in the last Log, several issues directly affecting the PTA were debated in the 2001 RBNA and House of Delegates. They are:

**AR-14 National Assembly Vision Statement**
The RBNA Board of Directors proposed a vision statement in order to provide "direction for the growth and development of the PTA" and to reassert "the composition of the physical therapy delivery team". It was voted in the RBNA to direct the BoD to dialog with the APTA BoD about this statement and report back to the RBNA in 2002.

**AR-24 APTA Vision Sentence for Physical Therapy 2020**
The RBNA voted in support of RC-03, APTA Vision Sentence for Physical Therapy 2020. It was proposed by the National Assembly to amend this motion and insert PTAs in the sentence, however, it was then withdrawn in the House of Delegates. Currently, PTAs are not included in the APTA Vision Sentence and this "could be interpreted by some individuals that the PTA is no longer included in the vision for physical therapy".

**AR-25 APTA Vision Statement for Physical Therapy 2020**
The RBNA voted in support of the concept of RC-04, APTA Vision Statement for Physical Therapy 2020. This was an amendment to the Statement to refer "to the potential pathways for growth of the PTA within the profession". If the Vision Statement excludes a vision for growth of the PTA, it would follow that strategies would not include the PTA. It was meant to reflect the direction the PTA wants to move toward. This RC was postponed indefinitely in the HoD.

**AR-26 Position on the Distinction Between Professional and Paraprofessional in Physical Therapy**
The RBNA voted in support of the concept of RC-20, Position on the Distinction Between Professional and Paraprofessional in Physical Therapy. This would address the issue "regarding the use of the term 'paraprofessional' for the PTA while maintaining the distinction of the PT as the professional". This RC was amended and rejected. It was decided that the PTA would no longer be referred to as a "paraprofessional", but as an "educated health care provider".

**AR-38 to amend RC-40 The Future Role of the Physical Therapist Assistant**
The RBNA voted in support of RC-40, The Future Role of the Physical Therapist Assistant with an amendment "to include the National Assembly leadership as well as membership in gathering and providing information to help direct this project". Because "the future role of the PTA remains less clearly defined", it is felt that now is the "time to thoughtfully define the future role PTAs may have in view of Vision 2020". RC-40 was passed after being replaced so that this study will be a collaborative effort of the APTA and the National Assembly with a final report to the 2003 HoD.

Again, this is just a key issue summary. If you have any questions or comments, please contact me at 503.228.1306 or email me at gaerlan@qwest.net. Also, start planning for this year's Fall Conference on October 13th in Portland!

*Quoted information taken from the RBNA 2001 Bulletin A and B, as well as 2001 HoD Packets.*

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**Spring Conference**
By Joyce Wheeler - Spring Conference Committee Chair

Even though everyone is in the middle of their summer plans, I want you to think Spring! That’s right, Spring! That’s correct, the OPTA Annual Spring Conference really isn't that far away. Most of the courses have been arranged and next year looks to be a good selection to choose from. We will be having two or three Friday night classes which will include topics like: Wheelchair Seating and Positioning; Integrating Yoga into Your Outpatient Physical Therapy Clinic; and Osteoporosis. The weekend list of courses that have been confirmed so far include, Mulligan Approach to Orthopedics, taught by Don Reordan, Kristie Bjornson will be doing a pediatric course and Beth Fisher will present a neurological course. So, mark your calendars for the second weekend in March, 8-10, 2002 and join us in Eugene, Oregon for the Annual OPTA Spring Conference. More to come in future Logs about the speakers and the course topics, so keep your eyes peeled.

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Maximizing the Golfer's Game: A Physical Therapist's Approach
By the OPTA Continuing Education Committee

On Saturday, September 8, 2001 the Continuing Education Committee is sponsoring D. Keith Kleven, MS, PT, ATC, physical therapist for Tiger Woods, who will be presenting information for physical therapists interested in expanding their knowledge for working with golfers or for those who think that this may be a new area of interest. The program will be held at Pumpkin Ridge Golf Club, Portland, OR. The morning session will provide the therapist with a greater awareness of the game of golf and will improve their understanding of injury prevention. Topics will include posture awareness training, trunk control and knowledge of the mechanics of the golf swing. Comprehensive evaluation of the golfer with an emphasis on specific testing and on clarifying examinations will be covered. The therapist will gain a better understanding of changes occurring in the golf profession and of common injuries associated with golf. There will be demonstrations of examination and of treatment strategies along with ideas on the development of an individual fitness program for the golfer.

The two-hour afternoon session will include the public and will be an opportunity for the physical therapist to experience an education session for the golfer. The public session will be a positive means for physical therapists to educate golfers on this life long sport by inviting them to attend this program. Copies of the public registration form can be shared with your favorite golf pro, golf shop, patients and colleagues. Enclosed is a registration form for PTs/PTAs as well as a public registration form. You may also register on-line through the OPTA Web site (opta.org).

OPTA Involved in Race for the Cure

OPTA will again be having an exhibit booth at the Race for the Cure registration in September at the Portland Marriott. Over 14,000 people wander through the fair while picking up their race materials. This is a fabulous opportunity for physical therapists to interact with the community and show them how PTs can be helpful.

OPTA is looking for members to volunteer to "staff" the booth during the two-day show. If you are interested in meeting and greeting the public, please contact Nora Collins at 503.538.8952 or via email at nora@positive-thinking.com
OPTA Continuing Education with Iris Wolf
By Nancy Peters, PTA - Continuing Education Committee

Over the last two years, the Continuing Education Committee has offered several Positional Release Technique courses instructed by Iris Wolf, PT. These courses have been well attended and well received. The third in the series, "Positional Release Technique for the Lumbar Spine and Pelvis", will be offered on October 27, 2001, in Portland. This course is directed toward physical therapist assistants, as were previous courses, but is not exclusive to assistants. However, to attend this course, the participant must have taken a previous course in positional release or in strain/counterstrain. Previous courses taught by Iris Wolf for the OPTA have been "PRT for Cervical Spine" and "PRT for Thoracic Spine." The number of participants is limited, so watch for the brochure and register early!

On the Web
From The Montana Chapter Newsletter

The following Web sites might be of interest to physical therapists and physical therapist assistants:

www.per.ualberta.ca/biomechanics (great site on biomechanics)
www.kalandra.com (full text references on the sacroiliac joint)
http://ptworldmag.com
www.worldcongresslbp.org
http://ncbi.nig.gov/pubmed/

Some Enchanted Evening
Diversity Fundraiser
Saturday, October 6, 2001
Oregon Museum of Science & Industry
Portland, Oregon

The American Physical Therapy Association, the Academic Administrators Special Interest Group of the Section for Education, and the Oregon Physical Therapy Association invite you to share in a very special celebration of diversity.

Join us for the ninth annual Diversity Fundraiser on Saturday, October 6, 2001, at the Oregon Museum of Science & Industry in Portland, Oregon. Come for cocktails. Stay for a superb dinner, great company, live music, and a silent auction. Take some time to visit with the Museum's Guest of Honor from Chicago, a terrific tyrannosaurus rex named Sue. And, most of all, enjoy the opportunity to contribute to a diverse future for the physical therapy profession.

Purchase tickets for $100 each. Buy ad space in the souvenir booklet. Or make a tax-deductible donation to the Physical Therapy Fund. Proceeds from this event help fund scholarships for outstanding minority students and faculty of physical therapy.

For more information, call APTA's Department of Minority/International Affairs at 800.999.APTA (2782), ext 3144, or visit our Web site at www.apta.org. Or call APTA's Fax on Demand Service at 800.399.2782 (documents #1574 and #1575).
Change of Address or Phone?

If you have a change of address, phone, fax or email you can send it to the OPTA office online at www.opta.org. When you log onto the site, choose the “members only” section on the left side of the screen. Once you have entered the correct passcodes to get into that portion of the site, then select the membership directory section. At the top of that page there is a line you can click on that says "update your directory listing information". Once you have entered all the boxes and sent it, it is as easy as that. Or, you can always call the OPTA office at 503.262.9247 or tollfree at 877.452.4919.

Medical Review Institute Seeks Reviewers

The Medical Review Institute is seeking Oregon physical therapists who would like to perform utilization and peer reviews. Coding UNC medical necessity for the MRI. Contact Leslie Buck at the Institute directly at 801.261.3003 or 800.654.2422 ext. 427 or via email at leslie@medicalopinion.com.

OPTA Members Only Web Access

Remember to use the OPTA members only area of the site opta.org. This area includes classified ads, member directory, newsletters and what's hot. Can't remember the passcodes? Call the OPTA office and ask for Dana and she can help you 503.262.9247 or tollfree at 877.452.4919.

Welcome New OPTA Members

Greg Edward Bradley-Popovich, SPT
Sarah Aiene Cochell, PTA
Jeanna Marie Dau, PT
Julie Ann Dresch, PT
Traci Michele Hamilton, SPTA
Barbie C. Haines, PT
Jennifer Michelle Johnson, SPT
Rebecca A. Kevan, PT
Christine Marie Stachon, PT
Doreen Anne Noxon, PTA
Shelley Mathewson, PT
Anesa Moyer, PT
Carlee Ann Olson, SPT
Zina S. Shell-Troutman, SPTA

Classifieds


Manual Therapist needed to fill a flexible part to full time position at a physical therapist owned, small private orthopedic outpatient practice in Anchorage, AK. Please contact Dennis or Louise at Joint Effort Physical Therapy: phone: 907.245.1245, Fax: 907.245.1244, or email: jept@alaska.net.

Sporthopedics PT in Medford is looking for an orthopedic manual therapist for an outpatient practice. A 4, 10 hr day schedule is preferred. Strong manual skills preferred. Excellent growth potential. Call Scott Byrd PT, OCS at 541.776.2036.
Oregon Log 2001 Advertising Policy
The Oregon Log is published bimonthly (six issues per year in February, April, June, August, October, and December). Deadlines are the first day of each month that precedes month of issue (e.g., January 31 for February issue) unless other arrangements are made. All display ads must be pre-sized in camera ready form.

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OPTA Announces Advertising Package Opportunities!
The OPTA publications committee has created a new advertising package plan that offers a variety of advertising opportunities.
If you are interested in purchasing a package, please contact Sandra Fisher at the OPTA office at 503.262.9247 or 877.452.4919 or via email at opta@teleport.com.

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