President’s Message

Christina Howard, PT, MPT

2018 is around the corner and every transition into fall and winter reminds me of the importance of reflection, resilience, and renewal. Derek Fenwick, our President and board member for the last seven years, has been a tremendous source of personal and professional support as I begin my new leadership role in the OPTA. Thank you, Derek, for inviting me to use the final 2017 PT Log edition to start my first in a series of periodical messages to our members.

This year is closing with even more ambiguity around healthcare and healthcare reform. The forces at work that affect healthcare access, quality, and equity will continue to demand political action and advocacy from the physical therapy profession. The award-winning #ChoosePT campaign is one example of how we can collectively increase visibility for the role physical therapy plays in improving public health. Oregon averages three deaths a week from opioid overdose. Do we have an opioid epidemic, or do we have an opioid epidemic and a pain management epidemic? A consensus report published this year by the National Academies of Sciences, Engineering, and Medicine recommends comprehensive pain management education for providers and facilitated reimbursement for comprehensive pain management care. Our interdisciplinary 2017 OPTA Pain Symposium continuing education event held in September is a strong example of how our association and its members are leading the effort to advance pain science and comprehensive pain management education. Undoubtedly, we have more work to do to improve how we manage pain.

Over the next two years, we should prepare to provoke some disruptive conversations that hold us equally, if not more, accountable for positively influencing the social determinants of health in our country and here in Oregon. If we believe that movement is medicine, then we should take actions that promote movement as a means to both prevention and wellness. The SOAR activity day in Bend is a strong example of how the OPTA and its member-leaders held an inclusive recreational event for persons with disabilities and chronic conditions. The OPTA continues its health promotion advocacy through a grant from The National Association of Chronic Disease Directors, which will tap into our collective strengths in promoting movement as an integrated component of health promotion. These OPTA efforts

What’s Inside

Election Results and Looking Ahead to 2018................................. 3
Better Together: Annual Conference Promises Education and Collaborative Conversations about PT .................. 3
4 Things to Do Now That The 2018 Fee Schedule Is Out ............4
Editor’s Note........................................5
Oregon Physical Therapy Association Awarded National Grant To Improve Quality Of Life For Seniors Living With Arthritis................................................. 6
News From The Licensing Board....... 7
OPT-PACnews: Make your 2017 contribution NOW ..................8
Student Leadership Committee Report - November 2017 .............9
Welcome New and Returning OPTA Members .........................9

OPTA Continuing Education Calendar

March 10, 2018
2018 Annual Conference
Holiday Inn Portland South-Wilsonville
25425 SW 95th Avenue
Wilsonville, OR 97070

www.opta.org

* All listings are subject to change
President's Message, continued from page 1

were initiated by members who had an idea, identified an opportunity for improving the movement system, and reached out to the OPTA for support and partnership. Looking forward, I'd like to encourage each of you to reflect on what you might want to create, join, or support that will increase the visibility of physical therapy as an instrument for health and change in our communities.

We have our strategic planning meeting this December, and Amy Stork of Solid Ground Consulting will facilitate our discussion and planning for 2018. A primary focus of our meeting will be connecting priority goals to our mission, which are informed by our membership surveys, leadership roles and responsibilities, membership capacity, and resources. The board also has a strong commitment to closing the communication loop. We value transparency in our plan development, planning processes, progress, and outcomes with all of you. Amy will help us start 2018 with a robust framework for each of us to implement in the name of our mission and goals, and I look forward to sharing it with all of you in future communications and at our Spring Conference scheduled on March 10, 2018.

I’d like to take this opportunity to share with you the steps I’m choosing to improve my physical therapy leadership effectiveness. The APTA is a tremendous source of support, and I have reached out to the APTA Vice President, Lisa Saladin, PT, PhD, to come to Oregon for our spring conference and share her expertise with you and the board. The APTA National Student Conclave in Portland gave me some fresh perspectives on leadership and advocacy from our student leaders and their advocates. I meet regularly with our new Executive Director, Kori Hasti, and I am very excited to have such an organized and proactive staff person to help the OPTA develop practices that will result in improvement and value for our members. Finally, I’d like to encourage you to reach out to me anytime you have a question, idea, or concern so we can collaborate and consider possibilities. We are as collectively strong as our members, and I will be relying on all of you to help the OPTA meet its mission and goals.

Finally, I can’t say enough about what a deep leadership bench we have in the OPTA. Your past and future board members and committee chairs and members genuinely walk the walk when it comes to leadership, service, and advocacy. On a rainy October Saturday in Portland, at least 12 OPTA members provided resumé feedback to SPTAs and SPTs who attended the APTA NSC – in that group were five past OPTA presidents. Each one came up to me and encouraged me to call them anytime I felt the need for future help or advice. That says a lot about the OPTA, and I’m privileged to have such excellent and compassionate mentors who care so deeply about physical therapy.

Thank you all for giving me this opportunity.
Election Results and Looking Ahead to 2018

Thank you for voting!
The Nominating Committee is pleased to announce that we had many OPTA members vote in our online election. Thank you so much for taking the time to cast your vote and use your voice to select your OPTA leaders.

We are pleased to announce OPTA’s 2018 Elected Officers:
President – Christina Howard
Vice President – Carol-Ann Nelson
Secretary – Jeremy Hilliard
Treasurer – Ashley Berry
Chief Delegate – Michael Pagliarulo
PTA Representative – Jeannie Thompson
PTA Alternate – Josha Moss
Directors – Jeremiah Moore, Megan Kaley, Erin McMullen, Clare Lewis

Other dedicated individuals are also involved with OPTA leadership:
APTA Delegates – Keaton Ray, Tasha MacIlveen, Ellen Grover, Leigh Reece, Joe Oelfke, Lisa Flexner
Alternate Delegate – Annie Bargmann
Nominating Committee – Derek Fenwick
Membership – Colbie Jorgensen
Continuing Education – Christina Howard Co-Chair
Continuing Education – Michelle Duncan, Co-Chair
Government Affairs – Chris Murphy

Looking ahead to 2018
Any level of involvement, either through committees or in a future elected office, makes our dynamic organization stronger. Please reach out to any officer, committee member or nominating committee member to learn more about your strengths and interests in OPTA service. We will seek to align your ideas, interests and time to current or future OPTA initiatives. Thank you for your willingness to serve.

Nominating Committee:
Joshua Zavertnik, Chair; Sukhee So; Kristin Messing

Better Togetherness: Annual Conference Promises Education and Collaborative Conversations about PT

Michelle Duncan, PT, DPT and Christina Howard, PT, MPT, Continuing Education Committee Co-Chairs

Your Continuing Education committee worked with OPTA staff and presenters to design a full day of education on March 10, 2018. We have organized the day into 15 breakout sessions across a broad range of topic areas that reflect contemporary physical therapy practice and policy. APTA Vice President, Lisa Saladin, PT, PhD, FAPTA, is our morning keynote speaker, and her knowledge and perspectives will be a great start to this event.

A conference is more than continuing education: it’s an opportunity to learn and listen with colleagues, connect with exhibitors and vendors that support our practice, and shape the direction of physical therapy in Oregon. We look forward to joining you on March 10th. In the meantime, more information and future registration details can be found at https://opta.memberclicks.net/events-calendar

Continuing Education Class:
THE COMPLETE RUNNER

Learn Matt and David’s Olympic award-winning strategies to assess, rehab and optimize techniques for running patients of all levels.

INSTRUCTORS:
Matthew Walsh BSc, PT & David V. McHenry PT, DPT, COMT

DETAILS & REGISTRATION:
www.therapeuticassociates.com/for-pts/continuing-education/
4 Things to Do Now That The 2018 Fee Schedule Is Out

Dena Kilgore, CAE

By now, most PTs have heard the news: the final 2018 Medicare Physician Fee Schedule (PFS) released in early November by the US Centers for Medicare and Medicaid Services (CMS) included some significant variations from the PFS proposed in July. Instead of finalizing CPT code values that were the same as—and occasionally larger than—current values, CMS opted to offer up a more complicated combination of cuts and increases that could affect PTs in different ways, depending on their case-mix and billing patterns.

So what should PTs do in the wake of the new PFS? Here are the APTA's top 4 suggestions.

1. **Know the design process for the fee schedule.** It's important to understand what led to the changes to provide context, a slight sense of relief, and a reminder of why payment needs to move toward value-based models and away from fee-for-service.

   The PFS now set to debut January 1, 2018, is the CMS response to an American Medical Association (AMA) committee's recommendation on potentially "misvalued" codes associated with a wide range of professions, not just physical therapy. When the process began in early 2016, many predicted that the final outcome would be deep cuts to nearly all valuations—as much as 10% or more overall. APTA and its members fought hard to substantiate the validity of the current valuations, and even the need for increases in some areas. The end result was a significant improvement from where things were headed at the start of the process.

   That’s not to say it’s been an entirely satisfying process from start to finish. This recent *PT in Motion* News story goes into more detail about the sometimes-frustrating journey from points A to B.

2. **Understand what’s being changed.** Just about everything that happens at CMS is complicated, and the process that led to the new CPT code valuations is no exception. Still, a working knowledge of how CPT codes are valued is helpful in understanding why the PFS contains such a mix of positives and negatives.

   One important thing to understand is that code valuation is actually a stew of 3 separate elements, known as relative value units (RVUs). These are estimations of the labor, expense, and possible professional liability involved in performing any given treatment or evaluation task associated with a CPT code. The 3 types of RVUs are known as “work,” “practice expense” (PE), and “professional liability.” The coding valuation differences between the proposed and final PFS were due to changes to the PE RVUs only.

   This wasn’t part of the proposed rule. While the AMA Relative Value Scale Update Committee Health Care Professions Advisory Committee did recommend changes to PE RVUs, CMS initially opted to not adopt those suggestions. When the final rule was released 3 months later, CMS—without seeking input from APTA or any other stakeholders—did an about-face and adopted the changes to PE RVUs.

   So what? The answer is twofold: first, the tweaks to PE RVUs mean it's difficult to make many sweeping generalizations about how the new PFS will affect individual practices and clinics; second, it's worth noting that individual work RVUs either remained unchanged or increased.

   A more detailed explanation of how the codes were affected is available in an APTA fact sheet on the 2018 PFS (listed under “APTA Summaries and Fact Sheets”). For a more complete explanation of RVUs and the differences between the 3 types, check out this APTA podcast on the CPT valuation process.

3. **Get a sense of how you might be affected.** A sense of history and understanding of detail are all well and good, but the bottom line is your bottom line.

   Here’s the complication with the 2018 PFS: because of the wide variation in upward and downward adjustments, it's hard to make statements about how PTs in general will be affected. CMS estimates the overall impact at a 1%-2% reduction, but a lot depends on the types of patients a PT or clinic typically sees and what interventions are commonly used. Some providers could see increases.

   In an effort to clear up some of the uncertainty, APTA offers a calculator than can help you see how your typical case-mix would fare in the new PFS. The calculator, offered in Microsoft Excel, allows you to enter different codes to see what changes to expect, given your Medicare service area.

4. **Keep learning.** There’s much more to understand about the PFS—not just in terms of the details of how the new rule will work, but in terms of APTA’s work to safeguard CPT codes throughout the misvalued codes review process.

   One great way to learn more about what to expect is coming up in December, when the association hosts a free webinar on Medicare changes for 2018 on December 6 from 1:00 pm to 2:00 pm ET. The webinar will be presented in a “flipped” format, meaning that when you register, you’ll

---

Continued on page 5
Editor’s Note

Brian J Wilkinson, PT, DPT, CHT, CLT, Editor, PT Log

Fall is a favorite season of mine: trees illuminate with vibrant colors, the air develops a wonderful crispness, and doorsteps are adorned with ornate pumpkins. It is also associated with a special time for our profession, as we pause to celebrate National Physical Therapy Month in October each year. Throughout the designated month, as I do each year, I spend time reflecting on the many reasons that I value and appreciate our special profession. Despite my hectic schedule, this is a practice that I find both valuable and uplifting.

One noteworthy aspect of PT that seemed to resonate with me this year was the level of esteem that I feel toward our respected but often overlooked counterparts: PTAs. Since I started my DPT program in 2003, I have been afforded the opportunity to collaborate with many accomplished PTAs; through these interactions, my admiration for this cohort has expanded most profoundly. I consider myself very fortunate to know many marvelous PTAs who I recognize as co-workers, teammates, allies and friends.

I confess that I haven’t always been well versed in the PTA scope of practice, and that I haven’t always been optimally proficient when arranged in a PT-PTA model. However, back in 2010, I started teaching as an adjunct Instructor in the PTA program at Lane Community College, and this was a truly eye-opening experience in the discernment of PTAs as “intervention specialists.” PTAs are licensed, competent professionals who complete a robust array of curriculum to obtain their degree; in the clinic, they too have very high standards for first-rate patient care that yields consistently quality rehabilitation outcomes.

Our therapy partners in crime allow us to cast a greater net in the realm of health care, and help us defend our turf as specialists in human movement while other disciplines seek to encroach on the boundaries of our expertise. In reflecting on the PTAs that I have worked with and trained over the years, I feel an overwhelming sense of respect, gratitude and admiration. This season, you have been encouraged by our national and state organizations to reflect on those things that make our profession so wonderfully unique. In your efforts, don’t overlook our counterparts in care: the PTAs who not only complete our staff teams but also help to make our profession abundantly worthy of celebrating with each passing October.

Warm regards to you and your families during this heartwarming holiday season.

2018 Fee Schedule, continued from page 4

be provided with a prerecorded presentation to listen to in advance. That way, more of the actual session can be devoted to live interaction with the presenters. Be sure to sign up—and listen up—soon.

Another opportunity is available December 13, when APTA hosts an “Insider Intel” phone-in session that will cover many of the same topics, albeit in a pared-down 30-minute session, from 2:00 pm to 2:30 pm ET. Instructions for signing up for this session are on APTA’s Insider Intel webpage.

To view the news story, please see: http://www.apta.org/PTinMotion/News/2017/11/21/PFSTipsNovember2017/

The following is a summary of the administrative rule changes that will go into effect on January 1, 2018. Full text of the rule changes can be found on the Board website at http://www.oregon.gov/ptbrd.

OAR 848-040-0125(5) – Updates standards for initiation of physical therapy. Sets new standards for treatment of a person participating in an athletic activity or event.

OAR 848-040-0155 – Updates standards and requirements for performing a reassessment. Removed the 30-day mandatory reassessment requirement and clarifies when a reassessment must be performed.

OAR 848-040-0165 – Updates standards for discharging a patient. Repeal language requiring discharge of a patient due to lack of progress or a plateau in progress.

OAR 848-040-0170 – Updates standards for discharge records. Eliminates the requirement for a discharge record under certain circumstances.

OAR 848-040-0190 – New rule establishing standards of practice when providing community education, prevention, health promotion and wellness services.

Oregon Physical Therapist Licensing Board
800 NE Oregon Street Ste. 407
Portland OR 97232
Phone: 971.673.0200
Fax: 971.673.0226
Email: physical.therapy@state.or.us
The National Association of Chronic Disease Directors (NACDD) selected the OPTA as one of three national grant recipients to increase awareness and implementation of the Walk With Ease (WWE) self-directed treatment program to assist participants with arthritis management. Nearly 850,000 Oregonians are living with arthritis.

In 2018, the OPTA expects to reach out to and enroll more than 400 seniors from a variety of independent community and supported care settings as part of the WWE program. A coordinated effort between the Oregon Health Authority (OHA) Oregon Arthritis Program, Pacific University’s School of Physical Therapy, and Oregon State University (OSU) Extension Services’ WWE program is expected to improve physical therapist and primary care awareness of the WWE program.

The $4,000 grant will foster stronger collaboration between physical therapists, health systems, community programs, and residential centers to help improve the quality of life for older adults affected by joint pain and arthritis.

“The NACDD grant will help the OPTA and state agencies assess strengths and collaborative opportunities for advancing WWE outreach and implementation, and create a sustainability plan for ongoing access, resources, and funding,” says Jose L. Reyna, PT, DPT, principal OPTA grantee.

“Ultimately, OPTA, OHA and OSU endeavor to advance best practices that improve mobility and the quality of life for seniors affected by arthritis. The grant provides us the funding to make positive changes in our community’s health awareness,” says Reyna.

**Employment Opportunities?**

Check out OPTA's website for employment postings at http://www.opta.org/employment.aspx, or from the home page click on Employment and then review the opportunities that are posted.

If you have a job listing that you would like posted, please visit the OPTA website at http://www.opta.org/employment.aspx.

Job posting rates are $100 for a 30-day posting. Take advantage of this great opportunity to market your position!

---

**Oregon Physical Therapy Association Awarded National Grant To Improve Quality Of Life For Seniors Living With Arthritis**

---

**Motivations, Inc.**

Accredited Continuing Education Courses

**# 214 Core Competencies for Traumatic Brain Injury Rehabilitation**

Seattle, WA
Highline Physical Therapy
October 27, 2018

Sheldon Herring, Ph.D.

**# 179 The Meeks Method®: Osteoporosis and other Musculoskeletal Conditions**

Bend, OR
St Charles Home Health Services
February 3-4, 2018

Deb Gulbrandson, PT, DPT

---

**We follow the PT State Licensing Boards guidelines. Motivations Inc is an AOTA approved provider.**

---

**# 217 Adult Neuro-Handling Techniques...Concepts for Stabilization and Function**

Spokane, WA
St Luke’s Rehab Institute
November 17-18, 2018

Michelle Mioduszewski, MS, OTR/L

---

**# 254 Assessment & Treatment Strategies for Stroke Recovery**

Seattle, WA
Highline Physical Therapy
September 15-16, 2018

Ewa Jaraczewska, PT, CKTI

---

For information visit: www.motivationsceu.com admin@motivationsceu.com
News From The Licensing Board

Oregon PT Board Receives National Honors

At its annual meeting in Santa Ana Pueblo, NM the Federation of State Boards of Physical Therapy presented the 2017 Excellence in Regulation award to the Oregon Physical Therapist Licensing Board. Board Chair, Richard Rutt, PT, PhD, accepted the award on behalf of the organization.

Oregon PT Board Change of Directors

Effective January 1, 2018 Jim Heider will retire from state service. Mr. Heider has been the Director of the PT Board for the last fifteen years and will be greatly missed. Effective December 1, 2017, Michelle Sigmund-Gaines will begin service as the Board’s new Director. Ms. Sigmund-Gaines has been the Executive Director of the Mortuary and Cemetery Board since 2008 and previously was the CIO for the Port of Portland. Mr. Heider and Ms. Sigmund-Gaines will work in tandem through the month of December to assure a smooth transition for the Board.

2018 PT Board On-line Renewals

The PT Board will send out renewal email notifications during the first part of January 2018. This will be for a two-year license active 4/1/18 through 3/31/00. The fees have not changed: $170/PTs and $110/PTAs. Again, for this renewal, you will be required to list the Continuing Competency (CC) activity hours you completed during the CC Certification Period 4/1/16 through 3/31/18.

Classified

SKAMANIA, WA: Well established PT clinic for sale. 11+ years in existence with excellent reputation. Good location with plentiful off-street parking and no competition within 25 mile radius. Seller-owned building, 2000 sq ft with two private treatment rooms and one large room for gym. All furnishings and equipment included in sale. Will lease to new owner with option to purchase.

Payer/revenue mix Medicare, private insurance, and L&I, with room for revenue growth and additional providers.

Potential buyers to sign confidentiality/non-disclosure agreement prior to financial disclosures for buyers’ due diligence. If interested, please contact Diana E. Godwin, Attorney at Law, at dianagodwin@earthlink.net for details.

Questions Regarding Your Physical Therapy License or Practice?

Contact the Oregon Physical Therapist Licensing Board


971.673.0200
OPT-PAC News: Make Your 2017 Contribution NOW

Jeremy Hilliard, PT, DPT, Oregon Physical Therapy PAC Chair

The end of 2017 is rapidly approaching. Have you contributed to the Oregon Physical Therapy PAC (OPT-PAC) this year? If not, the time is NOW. As soon as the calendar turns to 2018, the 2017 tax credit is no longer available. Don’t let this pass you by. If you are unable to contribute today, please do it tomorrow; if you can’t do it tomorrow, do it today.

The OPT-PAC was active this year with campaign contributions to six legislators in key healthcare leadership positions. This has helped us maintain our relationships in Salem, but has also left the PAC with a balance of just $2204. With numerous topics like concussion management, utilization management, dry needling, and reimbursement being debated, the amount available for contributions is much lower than desired. By comparison, the OPT-PAC had a balance of over $18,000 the year that Oregon gained unrestricted direct access.

Legislative involvement at the state and federal levels is vital for our profession now and moving forward. The OPT-PAC exists solely on voluntary contributions; we cannot accept contributions as a portion of membership dues, so we need your donations to support PT-friendly legislators. Please note that OPT-PAC contributions (used to support Oregon legislators) are different from PT-PAC contributions (used to support federal legislators through APTA); no money is exchanged between these two PACs.

Please support your profession and your practice act here in Oregon by donating to the PAC today. Go to the OPTA’s website, select the Advocacy & Reimbursement tab, and find OPT-PAC on the left. Remember that Oregon’s tax credit (not deduction) allows individuals to take $50 ($100 for couples filing jointly) off of their Oregon State income tax obligation, with some income restrictions.

To make your contribution, go to OPTA’s Website or mail a check to:
Oregon Physical Therapy PAC
c/o Jeremy Hilliard
401 Donald Lane
Newberg, OR 97132

Congratulations to Derek Fenwick, PT, MBA, on being slated for the APTA Nominating Committee National position.

Save the Date
Saturday, March 10, 2018

OPTA 2018 Annual Conference
Holiday Inn Portland South
25425 SW 95th Avenue - Wilsonville, OR 97070

Phone: (503) 682-2211 | Website: hiportlandsouth.com

Join us for an exciting day of education and networking with your colleagues from across the region. You won’t want to miss it!

www.opta.org
Student Leadership Committee Report - November 2017

Committee Members: Peter Martin, SPT – Chief Liaison; Jessica Truong, SPT; Liz Boehnke, SPTA; Cj Narvarte, SPTA; and Tabitha Galindo, SPT

The Student Leadership Committee (SLC) has had a busy, yet rewarding fall. In late September we hosted the annual Fall Mixer for the PT/PTA students of Oregon. We had a fantastic time with 25 students attending, an increase of about 15 students from 2016. This event included discussion about what the OPTA and APTA are (for those students who weren’t members) and offered an opportunity for us to inform the students of upcoming events. In early October, we participated in the Physical Therapy Day of Service (PTDOS) event in partnership with Night Strike Ministry, bringing aid to the homeless of downtown Portland. For this event, students generously donated clothing and food to the ministry. Students also participated by gathering under Burnside Bridge, helping to serve meals, wash feet, and connect through conversation with the homeless population. The month of October was rounded out with the National Student Conclave which was promoted to all schools. Both Pacific University and George Fox University had a solid showing at the conference with roughly 60 students combined. At the conference, SLC members helped run the OPTA booth, informing students of Oregon’s PT scene and how the OPTA has contributed to the APTA. As we look ahead to the spring semester, we are prioritizing the appointment of next year’s SLC as well as facilitating more events to promote unity and collaboration amongst the students of Oregon.

OPTA Members Only Section Log-In

It’s like your log-in for the APTA website. Your APTA membership number is your User Name. Your first initial and last name is your Password. In the members only sections of the site you have access to: past Log Newsletters, government affairs information, committee reports, community forums and more.

Take a look for yourself at www.opta.org.

COME JOIN THE PT NORTHWEST FAMILY

PT Northwest is looking for outstanding therapists to join the PT Northwest Family. Many members of our rehab team have been a part of the PT Northwest family for 10, 15, and even 20+ years. We would like you to join our family. We offer the following:

• Strong Compensation
• Sign On/Relocation Bonus
• Excellent Continuing Education
• Clinical Research Opportunities
• Tuition Assistance
• Health & Dental Insurance
• Life & Disability Insurance
• Paid Time Off
• Paid Holidays & Birthday
• 401k Plan
• Multiple Paths for Specialization & Leadership
• Section 125 Cafeteria Plan
• Clinical Mentoring Program
• Flexibility in Schedule

PT Northwest is a growing, locally owned, and nationally recognized physical rehabilitation group with 38 years of experience in Oregon. Therapist owned and operated, PT Northwest strives to provide the leading physical rehab services in the Pacific Northwest, while nurturing a family-friendly atmosphere. Our highly motivated rehab team provides physical, occupational, and speech therapy in the following settings:

• Our Outpatient Clinics
• Inpatient Hospitals
• High Schools & Universities
• Minor League Sports Teams

If you are interested in joining the PT NORTHWEST FAMILY, please contact us at 503.540.8701 or email us at admin@ptnorthwest.com. You can also check us out at: ptnorthwest.com
Welcome New and Returning OPTA Members

Derek Aitken, PT, DPT
Megan Andre, SPT
Alek Angeli, SPT
Aria Assad, PT
Katherine Avila, SPT
Lauren Bacon, PT, DPT, NCS
Brandon Baranzini, SPT
Kelsie Barmore, SPT
Kailey Barnett, SPT
Breanna Becker, SPT
Sarah Boak, SPT
Jared Britcher, PT
Austyn Byassee, SPT
Christopher Campbell, SPT
Nicole Carter, SPT
Neil Cayanan, SPT
Hannah Chaney, SPT
Rachel Char, SPT
Edward Cheng, SPT
Lisa Chewning, SPT
Christopher Choi, SPT
Rhiannon Clark, SPT
Kailing Clark, SPT
Erik Cronrath, SPT
Rachel Cundy, SPT
Jacqueline Dagostino, SPT
Melissa Damele, SPT
MaryJennifer Damon-Tollenaere, SPTA
Kayla Deighan, SPT
Sean Dooen, SPT
Taylor Eckel, SPT
Virginia Edwards, SPT
Xin Fang, SPT
Andrea Fecteau, PT
Kristin Finch, SPT
Erin Flanigan, DPT
Corina Gabbert, PT
Kelsie Ganshert, PT,DPT
Bryanne Gardner, SPT
Sarah Garner, SPT
Ricardo Gonzalez, SPT
Robin Goodman, PTA
Angela Gracia, PT, DPT
Larkin Grant, PT, DPT
Ryan Gray, SPT
Meredith Haeuptle, SPT
Kira Hamamura, SPT
Jason Hanson, SPT
Kelsey Harnar, SPT
Jason Harris, PT, DPT
Sarianne Harris, SPT
Adrienne Hays, PT
Rachel Herron, SPT
Samuel Hetherington
Sam H, SPT
Hazel Hidalgo, SPT
Jared Hodgson, PT, DPT
Katharine Holmer, PT, DPT
Alexander Hughes, SPT
Lauren Jeffries, SPT
Hannah Johnson, SPT
Kyle Johnston, SPT
Kevin Joines, SPT
Jeremy Jones, SPT
Emily Kammerer, PT, DPT
Rachael Karpelowitz, SPT
Marlyn Kato, SPT
Jaymee Kau, SPT
Erin Kettler, PT
Ellen Key, SPT
Erin Kincaid, PT, DPT, CLT
Jesse Klein, PT

See New and Returning Members on page 11

Therapeutic Associates is a Learning Organization.

We promote education to further individual professional development through:

- APTA Accredited Orthopedic Residency Program
- Continuing Education Series
- Leadership Track
- Mentorship

CAREERS

Our passion is seeing our patients succeed through individualized care, founded in evidence based practice. Benefits for our teammates include generous education support.

If this sounds like an environment for you, apply today!

For current job opportunities, visit:
www.therapeuticassociates.com/Careers

CONTINUING EDUCATION

We offer courses with subject matter taught by leading instructors to help our therapists and our PT community achieve their goals.

For a list of our current available courses, additional course information and registration, please visit:
www.therapeuticassociates.com/ConEd

Therapeutic Associates
PHYSICAL THERAPY
OPTA Offers a Medical Screening for the Physical Therapist Home Study Course!

OPTA offers a Medical Screening course in a home study format! You can now purchase the DVD home study program and take the course when it is convenient for you.

**A home study course offers you the advantages of...**

**Self-paced**—you can take the course at your own pace at your office or at home (must have DVD access on your computer or through your TV)

**Comprehensive**—the course is identical to the “live” version of the courses that we have offered including all of the handout materials

**Time Saving**—you can take the course when it is convenient for you—24 hours a day, seven days a week

**CE Credits**—the course is a great way to earn CE credits on your time and schedule.

The full course is a 12 hour course
The refresher course is a 6 hour course

If you are interested in purchasing a home study program contact OPTA at 503.262.9247 or toll free at 877.452.4919 or order on-line at www.opta.org
Oregon Log Advertising Policy

The Oregon Log is published quarterly (four issues per year) in March, June, September and December. All display ads must be pre-sized in camera-ready form. OPTA reserves the right to not publish advertisements or articles of OPTA's choosing. The final deadline for the 2017 issue is: November 4 for the 4th quarter issue.

<table>
<thead>
<tr>
<th>Ad Size</th>
<th>Per Issue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full Page - 10&quot; high by 7.5&quot; wide</td>
<td>$350.00</td>
</tr>
<tr>
<td>Half Page - 4.5&quot; high by 7.5&quot; wide</td>
<td>$200.00</td>
</tr>
<tr>
<td>Quarter Page - 4.5&quot; high by 3.5&quot; wide</td>
<td>$125.00</td>
</tr>
</tbody>
</table>

OPTA Announces Advertising Package Opportunities!
The OPTA publications committee has a advertising package plan that offers a variety of advertising opportunities. If you are interested in purchasing a package, please contact Jade Deitrick at the OPTA office at 503.262.9247 or 877.452.4919 or via e-mail at info@opta.org.

Advertising Packages

<table>
<thead>
<tr>
<th>Package Includes</th>
<th>Gold</th>
<th>Silver</th>
</tr>
</thead>
<tbody>
<tr>
<td>Web site logo &amp; link</td>
<td>1 year</td>
<td>N/A</td>
</tr>
<tr>
<td>Web site employment advertisement of 100 words</td>
<td>1 year</td>
<td>1 year</td>
</tr>
<tr>
<td>Newsletter display ads</td>
<td>1/2 pg ad for 1 year</td>
<td>1/4 pg ad for 1 year</td>
</tr>
<tr>
<td>Vendor listing in newsletter</td>
<td>4 issues</td>
<td>2 issues</td>
</tr>
<tr>
<td>Conference exhibit space</td>
<td>1 booth</td>
<td>25% off fee</td>
</tr>
<tr>
<td>Conference brochure vendor listing</td>
<td>1 listing</td>
<td>1 listing</td>
</tr>
<tr>
<td>Conference name displayed on vendor list</td>
<td>1 listing</td>
<td>1 listing</td>
</tr>
<tr>
<td>Package prices</td>
<td>$2,000</td>
<td>$1,000</td>
</tr>
</tbody>
</table>

Classified: Classifieds are charged at the rate of $75 per classified ad which includes up to 150 words.

Oregon Log Editorial Policy: The Oregon Log is the newsletter of the Oregon Physical Therapy Association and is published quarterly. Opinions expressed in this publication are those of the attributed author and do not necessarily represent those of the Association or the Board of Directors. Reprint of any article or information published herein is available only by permission of the editorial office. Circulation is to OPTA members. Copies are available to non-members for $4.00 each, post paid. OPTA reserves the right to not publish advertisements or articles of OPTA's choosing.